

CERTIFIED

Self-Care Coach

Catherine Zimmer



10/30/2023

This certificate acknowledges completion of training in self-care and boundary setting. This certification is offered and endorsed by Transformation Academy®.

A handwritten signature in black ink, appearing to read "Tasha Ina Church", written over a horizontal line.

Tasha Ina Church
ElleLiveAction

A handwritten signature in black ink, appearing to read "Natalie Rivera", written over a horizontal line.

Natalie Rivera, President
Transformation Academy®