

Coach Unlimited

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**Approved
Instructor
Network**

Kat Matthias

Has achieved the required standards of competence in:

Fundamental Wellbeing First Aid

Certificate issue date: 13/05/2025

This certificate is valid for three years from the date of issue.

It is recommended to refresh training every three years to align with evolving best practices.

Teresa Hames

An approved instructor of the SkillBase
First Aid Instructor Network

Tracey Dangerfield

Signed on behalf of the Directors of
Be Empowered / SkillBase First Aid

This course has been delivered in accordance with currently accepted UK mental health, NHS, WHO, and HSE guidance on 'Mental Health Conditions, Work and Workplace. It is the responsibility of the employer to ensure the content of this certificate is suitable to meet a workplace assessment of needs or local policy or regulations including obligations under the H&S at Work Act 1974, WHO, and First Aid regs 1981

The full contents of this course can be viewed at
https://awsuk01.fivecrm.com/816408/user_files/webpage/010/FWFA.html



The Approved Instructor Network is an international group of independent and workplace First Aid and Mental Health Instructors, Certified by SkillBase First Aid.

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